



Carol, LMSW, joined EEH in 2021 as the Kanas Center for Hospice Care's dedicated social worker. She is one of more than 200 nurses, aides, social workers, volunteers and staff caring for EEH patients and their families. Carol and her colleagues improve lives across Eastern Long Island.

A DAY IN THE LIFE OF A KANAS CENTER SOCIAL WORKER

8:30 AM

Carol arrives at the Kanas Center for Hospice Care, greets the nursing team and reviews notes from the previous night. The notes include a request for pastoral care. Carol calls EEH Chaplain Pastor Bob and arranges for a visit that afternoon. Carol notifies the patient's daughter, who plans her afternoon visit to coincide with Pastor Bob.

Carol, Laurie, the Kanas Center Nurse Manager, and Casey, the Nurse Practitioner, discuss each of the seven patients at the Kanas Center. They review the pending patient list. And plan for a patient who is transferring to the Kanas Center's eighth bed from their home that afternoon.

10:00 AM

Carol checks in on a patient who was admitted late the previous day. Carol, the patient and the patient's wife continue the admission process by reviewing the patient's goals. The patient served in the US Navy; they talk about the patient's service. Carol discusses the patient's veteran benefits and shares a thank you card made by a student at Raynor Country Day School.

12:30 PM

Carol checks in on a patient whose family cannot visit today. She reads from a favorite book of poetry and notices that the sleeping patient visibly relaxes while she reads.

1:00 PM

Carol joins other EEH staff members for a restorative yoga session offered on the Kanas Center Colonnade as part of EEH's Balm Workplace Wellness Program.

2:00 PM

Carol calls the families of patients who died last month. She checks in, offers information about EEH's bereavement programs and reminisces with one patient's husband about their granddaughter visiting the patient before she died.

2:30 PM

Carol calls the son of a patient who is staying at the Kanas Center as part of a five-night respite stay while he attends a family event out of town. Carol updates the patient's son on her well-being. She lets him know how pleased his mother is that he was able to travel for this much-anticipated family gathering. Before hanging up, they discuss plans for the patient's return home later in the week.

3:00 PM

Carol checks in with Melissa, one of EEH's field social workers, to discuss details of the afternoon admission. Melissa stopped at the patient's home earlier in the day to go over the plan for the patient's transport via ambulance to the Kanas Center. When Carol and Melissa speak, the patient is en route. Shortly after that, the patient's sister arrives. Carol gives her a tour of the Kanas Center. They discuss the 24-hour visitation policy, amenities like the family kitchen and library, and what she can expect while her sister is at the Kanas Center. Once the patient arrives, Carol and the nursing staff work to make the patient and his sister comfortable.

4:45 PM

Before leaving for the day, Carol calls Justin, RN, to discuss an admission she will help with in the morning. Carol is cross-trained to care for patients receiving hospice at home. She and Justin plan to meet at the patient's home in Wainscott first thing in the morning.